

E and A Labs

2401 Greenwood Road, Suite B

Shreveport, LA 71103

SEMEN ANALYSIS PATIENT INSTRUCTIONS

Please read these instructions carefully. Test accuracy depends on proper preparation, collection and handling.

SCHEDULING

All services require an appointment and a physician's order. E and A Labs must have a written physician's order in hand before an appointment can be scheduled. Semen analyses are performed Monday – Friday in the afternoon. To arrange a semen analysis or other service, have the **male patient** call E and A Labs at (318) 841-5808. Please notify the lab if a scheduled appointment must be cancelled or rescheduled.

SPECIMEN COLLECTION

- We encourage the use of the private collection room at the laboratory (your partner may accompany you, if you wish). If collected at home, the specimen must be protected from heat, cold, and sunlight and transported to the lab within one hour of collection to arrive at your appointment time.
- At least two days, but no more than five days, of abstinence are required prior to specimen collection.
- Before collection, wash hands with soap, rinse well with water and dry thoroughly.
- Do not use lubricants, creams, water, saliva, soap, etc. during collection.
- Use the provided sterile specimen cup. E and A Labs provide sterile specimen cups which have been tested safe for sperm. Use of an untested cup or other container may negatively affect your result or be rejected. Tested cups are available at our reception desk from 8:00 am to 4:30 pm Monday – Friday.
- Collect a semen specimen by masturbation into the cup. Be certain to collect the entire specimen. Do not touch the inside of the specimen cup. Close the lid firmly. If collection by masturbation is not possible, contact the lab a few days before your appointment. Do not use collection methods other than those recommended by the laboratory, as they may contaminate or kill the sperm.
- Test results will be faxed to the ordering physician's office within seven days.
- To obtain your results, contact the ordering physician's office. The laboratory cannot discuss the results with you.